

# BABYSITTING BASICS COURSE



St. John Ambulance

**Date:** Saturday, Nov 4, 2023 from 9:00 AM - 3:30 PM

**Location:** Harvey Fire Hall, 2234 Route 3 Harvey, NB

**Instructor:** Bud Potter

**Course Description:** Babysitting is a job with significant responsibility and the babysitting course helps prospective babysitters learn the skills they need.

This course is for youth aged 11 to 15 years old. It teaches the new babysitter the necessary skills to provide care to children in a variety of situations.

The course emphasizes safety rules, responding to emergencies, and developing leadership skills.

## **Course Content:**

- Becoming a babysitter
- Basic first aid
- Healthy meals
- Safe play
- Changing diapers
- Bedtime routines
- Handling emergencies

Participants will also learn skills for making correct decisions when dealing with behaviour, caring for a sick child, and what to ask before caring for a child with disabilities.

Please bring a doll or teddy bear to practice on. Also please pack snacks and a lunch.

**Prerequisites:** 11 years old

**Cost:** \$70

**Registration:** To register, complete the registration form and send course fees by e-transfer to [admin@harveyruralcommunity.ca](mailto:admin@harveyruralcommunity.ca) by October 31, 2023. Use Babysit as the password for the e-transfer. Fees and the registration form can also be dropped off at the Municipal Office between 9am and 4pm from Monday to Friday